



SUMMIT HEIGHTS

METHODIST CHURCH

FIVEDAY DEVOTIONAL

Anchored: Made Man

John 1:14-18

Pastor Chris Howlett

March 16, 2025

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Day 1: The Word Became Flesh

Scripture: John 1:14

"Now the Word became flesh and took up residence among us. We saw his glory—the glory of the one and only, full of grace and truth, who came from the Father." – John 1:14 (NET)

John 1:14 is one of the most profound verses in all of Scripture. The eternal Word—God the Son—became flesh. In Greek thought, the physical was often viewed as weak or even evil. Yet, God shattered that mindset by stepping into humanity. Jesus took on a real body, lived among us, and revealed God's glory in a way the world had never seen before.

The Word didn't remain distant—he moved into our world. He became one of us, experiencing hunger, weariness, sorrow, and joy. His presence means God is not far off but near, dwelling with us, guiding us, and giving us grace and truth.

Reflection Questions:

1. How does knowing that Jesus took on human flesh change the way you view God?
2. What does it mean for your daily life that God "took up residence" among us?
3. How can you experience and reflect Jesus' grace and truth in your relationships?
4. In what ways do you struggle with feeling like God is distant? How does John 1:14 challenge that?
5. How can you "pitch your tent" among those who need to experience God's love today?

Day 2: Jesus Knows and Cares

Scripture: Hebrews 4:15

"For we do not have a high priest incapable of sympathizing with our weaknesses, but one who has been tempted in every way just as we are, yet without sin." – Hebrews 4:15 (NET)

Jesus didn't just observe human suffering from a distance—he entered into it. He understands our struggles because he faced them himself. He knows what it's like to be tempted, exhausted, betrayed, and rejected. Yet, he did not sin.

Because of Jesus, we have a Savior who truly understands what we go through. He is not indifferent to our pain—he is near, ready to help and strengthen us. This truth invites us to be honest with God about our struggles, trusting in his power and love.

Reflection Questions:

1. What struggles in your life do you need to bring to Jesus today?
2. How does it comfort you to know that Jesus understands your pain?
3. When have you experienced God's presence in a time of difficulty?
4. How can you grow in bringing your burdens to God rather than carrying them alone?
5. Who in your life needs to be reminded that they are not alone in their suffering?

Day 3: Jesus Became One of Us to Save Us

Scripture: Colossians 1:27

"God wanted to make known to them the glorious riches of this mystery among the Gentiles, which is Christ in you, the hope of glory." – Colossians 1:27 (NET)

Athanasius of Alexandria wrote, "The Son of God became man so that men might become sons of God." The Incarnation was God's rescue mission. Jesus didn't become human just to experience our struggles—he became human to save us.

We cannot save ourselves. We cannot bridge the gap between a holy God and sinful humanity. But Jesus did it for us. He lived a perfect life, took our sin upon himself, and made a way for us to be children of God. Now, his life is in us, and we are called to share his grace with the world.

Reflection Questions:

1. How does the truth that you cannot save yourself free you to trust in God's grace?
2. What does it mean for you to live as a son or daughter of God?
3. How has Christ's presence in you given you hope?
4. In what ways can you share God's grace with others this week?
5. What areas of your life need to be transformed by God's power?

Day 4: Jesus Came Down So Love Could Lift Us Up

Scripture: 1 John 4:9-10

"By this the love of God is revealed in us: that God has sent his one and only Son into the world so that we may live through him. In this is love: not that we have loved God, but that he loved us and sent his Son to be the atoning sacrifice for our sins." – 1 John 4:9-10 (NET)

Jesus didn't come to make minor improvements to our lives—he came to rescue us. He saw us drowning in sin, hopelessness, and brokenness, and he dove in to lift us up. His love is not just a feeling—it's action.

Think about the image of a drowning person. They can't save themselves. They need someone to jump in and pull them out. That's what Jesus did. And because of his love, we are lifted into new life with him.

Reflection Questions:

1. How have you experienced Jesus lifting you up in your life?
2. When have you tried to "save yourself" instead of relying on Christ?
3. What does it mean for you to live through him rather than in your own strength?
4. How does knowing God's love help you love others better?
5. Who in your life needs to hear about the rescuing love of Jesus today?

Day 5: Living Anchored in Christ

Scripture: John 1:16

"For we have all received from his fullness one gracious gift after another." – John 1:16 (NET)

In a world that constantly shifts and changes, Jesus is our anchor. Culture will always pull us in different directions, tempting us to drift from the truth. But the Incarnation reminds us that we don't have to be lost in the storm—we can be anchored in the unchanging love and grace of Jesus.

God's presence is not a distant idea. It's a reality. Jesus, the Word made flesh, is with us. He has given us grace upon grace, and his Spirit dwells in us. The question is, will we stay anchored in him?

Reflection Questions:

1. What areas of your life feel unstable right now? How can you anchor yourself in Christ?
2. How does the truth of the Incarnation give you confidence in an uncertain world?
3. What habits or practices help you stay grounded in God's grace?
4. Where are you tempted to drift? How can you realign yourself with God's truth?
5. How can you remind yourself daily that Jesus is your anchor?